

## PATIENT PHYSICAL RESTRAINT GUIDELINE

Ensure patients exhibiting signs of agitation and delirium, which interferes with life-saving medical treatment, are managed safely and with dignity in the intensive care unit.

Healthcare professionals should be familiar with “**Safeguarding Adults Policy**”, including “**Guidance on Deprivation of Liberty and Restraints**” available on the Trust Intranet.

The term “physical restraints

