



## PATIENT CONTROLLED ANALGESIA NURSING OBSERVATIONS

<p><b>PAIN SCORE</b>                  0 = No pain at rest OR movement                  1 = Mild pain on movement                  2 = Moderate pain on movement                  3 = Severe pain on movement                  4 = Continuous severe pain</p>	<p><b>SEDATION SCORE</b>                  0 = Awake and alert                  1 = Drowsy, but orientated                  2 = Asleep, but rousable                  3 = Disorientated                  4 = Unrousable</p>	<p><b>NAUSEA SCORE</b>                  0 = No nausea                  1 = Nausea on movement only                  2 = Nausea at rest                  3 = Active vomiting or retching                  4 = Persistent nausea/vomiting unrelieved by anti emetics</p>
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OBSERVATION	ACTION REQUIRED
<p><b>RESPIRATION</b>                      &lt; 8 / min                      &lt; 10 / min                      &gt; 10 / min                      asleep at night &amp; &gt; 10</p>	<p><b>STOP PCA Bleep the on call Anaesthetist (6111) &amp; Remove the hand piece.</b>                      Document on chart action taken.</p> <p>STOP PCA Remove the hand piece. Increase monitoring frequency. Document on chart &amp; Inform Doctor</p> <p>No Action required</p> <p>Record asleep in the other scoring columns. <b>Always record respiratory rate.</b></p>
<p><b>PAIN</b>                      Continuous severe pain (4)                      Severe pain on movement (3)                      No pain / mild on movement (0-1)</p>	<p>Bleep Acute Pain Service (6477) or On-call Anaesthetist out of hours (6111)</p> <p>Encourage maximum use of PCA &amp; ensure regular Paracetamol is given. If the scores remain &gt;2 contact Acute Pain Service (6477)</p> <p>PCA can be discontinued if:</p> <ul style="list-style-type: none"> <li>• Used less than 30mls in 24hrs and</li> <li>• Has had 24hrs of regular oral analgesia and</li> <li>• PRN analgesia is prescribed and</li> <li>• Pain is well controlled</li> </ul>
<p><b>SEDATION</b>                      4 = Unrousable                      3 = Disorientated</p>	<p><b>STOP PCA PUT OUT CRASH CALL (2222)</b></p> <p>Remove the hand piece (stop background infusion if any)</p>
<p><b>NAUSEA</b>                      nausea or vomiting unrelieved by anti-emetics (4)                      1-3</p>	<p>Bleep Acute Pain Service (6477) or On-call Anaesthetist out of hours (6111)</p> <p>Ensure anti-emetics are prescribed and given as required. If an anti-emetic has no effect try another type. <b>Do not discontinue PCA as there is no reliable oral route for analgesia.</b></p>

To contact the Acute Pain Service bleep 6477  
(08.00-17.00 Mon-Fri)

To contact the on-call Anaesthetist bleep 6111

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DATE	TIME	RESP. RATE	PAIN SCORE	SEDATION SCORE	NAUSEA SCORE	DEM/GOOD	TOTAL DOSE	VOL. IN SYRINGE	REMARKS	SIGNATURE PRINT NAME
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BASELINE:										
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15 MIN FOR ONE HOUR:										
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1 HOURLY FOR FOUR HOURS:										
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4 HOURLY OBSERVATIONS:										
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DO NOT GIVE ANY OTHER IMMEDIATE RELEASE STRONG OPIOIDS WHILST ON PCA